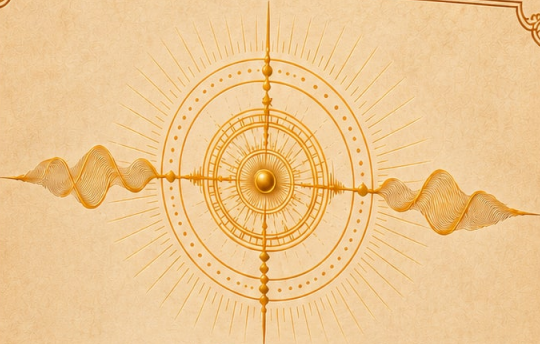




THE ACTIVATION PROTOCOL

THE STATE ONE

by Xenia Vocal Healer



Everything you need is in these pages.

This guide holds the Activation Protocol — the way each frequency is meant to be received. After it, your complete library, and your key to The Private Circle.

Lifetime access, on any device, downloadable.



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The Activation Protocol

by Xenia Vocal Healer

Welcome to your sound-based transformational experience. These frequencies have been created to support your energetic process on a profound level. To receive the maximum benefit, follow the steps below:

01 Enter a State of Presence (Meditative State)

Find a quiet space where you will not be disturbed.

Close your eyes and begin regulating your breath:

4

INHALE · SECONDS

2

HOLD · SECONDS

6

EXHALE SLOWLY

Repeat this breathing cycle several times until your body and mind enter a state of relaxation.

02 Energetic Protection

Set the intention for energetic protection.

Visualize (or sense) a sphere of pure white light completely surrounding you. This light originates from Source/God and protects you on all levels of your being. Allow yourself to feel safe, supported, and at peace within this sphere of light.



03 Frequency Activation

While listening to the frequency you have chosen, silently or softly affirm:

“I now receive, extract, and integrate the sound and light codes contained within this frequency, precisely those that are for my highest good and needed at this moment.”

Allow the process to unfold naturally.

You may visualize light codes being transmitted to you, or simply hold the intention and trust the process.

Each frequency will work precisely where it is most needed.

04 Integration

Observe how the energy:

- clears energetic blockages
- restores harmony within the body
- illuminates and uplifts every aspect of your being

There is no need to 'see' anything. It is enough to feel, sense, or simply know that the process is taking place.



05 Gratitude (Highly Important)

At the end of the session, remain for a few moments in a state of gratitude.

If this feels challenging, bring to mind a beautiful moment from your life and reconnect with the emotion associated with it.

This state of gratitude profoundly amplifies the effects of each frequency.

✦ Usage Recommendations

Listen to the frequencies whenever you feel called to do so.

Recommended: morning and evening.

Establish a daily practice or ritual for deeper and more consistent results.

It is recommended to practice daily energetic protection and energetic cleansing using white light visualization.



✦ Important

Every experience is unique.

Allow yourself to receive without attempting to control the process, and trust the unfolding of your journey.

Presence · Protection · Activation · Integration · Gratitude

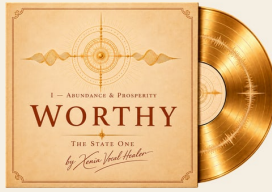
YOUR LIBRARY

The nine. Three parts, three frequencies in each.

I Abundance & Prosperity



Open
I.i • 7:10



Worthy
I.ii • 7:21



Wide
I.iii • 7:22

II Regeneration & Neuro-Tuning



Quiet
II.i • 7:20



Whole
II.ii • 7:35



Deep
II.iii • 7:27

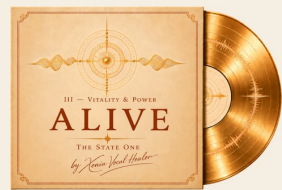
III Vitality & Power



Bright
III.i • 7:16



Strong
III.ii • 7:27



Alive
III.iii • 7:17

ALSO YOURS

For the days that don't fit the ten minutes.



The Short One

3:17

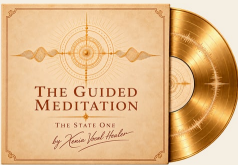
For the days you don't have ten. It exists precisely so you don't have the excuse.



The Long One

30:40

For the evening and for sleep.



The Guided Meditation

7:12

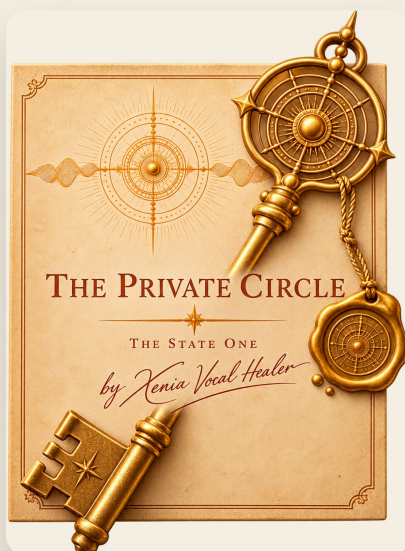
In my speaking voice, not just my singing voice.

All twelve recordings carry their cover and title, so they show up properly in any player, on any device. Save them from your library page — they are yours to keep.

YOUR KEY

The Private Circle

The private Telegram circle — where I'm actually there, not a moderator.



On your phone: point the camera at the code, or tap the button below.

Join The Private Circle

<https://t.me/+WYPbs6R2meMzYWQ0>

Your invitation opens in the Telegram app. If you don't have Telegram yet, the same link takes you to install it first. This link is part of your purchase — please keep it to yourself.



The State One

by Xenia Vocal Healer

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